

Good, Better, and Best ideas for items you need to cope with a power outage lasting 10 days.

Pat Henry – The Prepper Journal 10/22/2013

#### **Power**

#### Good

- Rechargeable Batteries X 2 for the important items (radio, lights)
- Battery Charger w/ solar or vehicle adapter for batteries and cell phones

#### **Better**

- 1000 Watt Inverter connected to car battery for charging devices/running small appliances
- Spare fuel to run vehicle (min 25 gallons)
- 5 5 Gallon gas cans
- PRI G gas treatment for long term fuel storage.
- 3000 W Generator

#### **Best**

- Tri-fuel generator (gas, propane, natural gas)
- Spare fuel for generator (min 90 gallons)
- 7 14 gallon gas cans
- PRI G gas treatment for long term fuel storage.
- 100 Watt Solar Panel kit
- 1000 Watt Inverter
- <u>Deep cycle Batteries</u>

# Lighting

## Good

- LED Flashlight with spare batteries 1 per person
- Candles 15 Hour Emergency candles
- Battery powered lantern for common areas

#### **Better**

- Headlamps for each individual infinitely easier and more practical than flashlights. Allows for hands free tasks.
- <u>Propane lanterns great outdoor lighting option or use within well-ventilated area.</u>
- <u>Battery Recharger It is important to get one that can charge multiple battery sizes if you have</u> different battery uses.

#### Best

- Oil lamps the right kind can provided plenty of light and last longer than batteries, or should according to use.
- Lamp Oil
- Rechargeable Batteries for all headlamps enough to charge a set and use a set at the same time.

# **Cooking**

#### Good

- Propane Grill or Camping Stove
- EcoZoom Cook Stove
- Spare tank(s) of propane for the stove

#### **Better**

- EcoZoom Rocket Stove
- Fire Pit with implements for cooking over fire
- Cast Iron Skillet
- Cast Iron Dutch Oven

#### **Best**

- Wood Burning Stove I know these aren't practical in all situations, but generally speaking this is the best overall option in a grid down scenario, all things being equal.
- 100 lb Propane tank or connection to run grill off natural gas.
- Solar Oven or you can make one easily enough much cheaper.

# **Shelter**

#### Good

- Appropriate clothing for the temperature. Warm weather calls for clothes that dry quickly and wick moisture away. Cold weather usually means layers and warm additions like hats and gloves.
- Spare blankets/ screens for windows depending on weather.

#### **Better**

- Tent that sleeps your entire family
- Sleeping bags for each person
- Kerosene heater
- 20 gallons of Kerosene
- PRI G gas treatment for long term fuel storage.

# **Best**

• Alternate shelter - Camper with Solar power

### Water

#### Good

• One gallon of water per person for 10 days. For a four person family, that is 40 gallons. The easiest way to store and transport these for me is 5 gallon water jugs

#### **Better**

- 1 gallon of water per person for 1 month
- Water filtration system like Big Berkey Light.
- Rain water collection system.
- <u>Bathtub full of water stored in container for hygiene or drinking Water Bob This requires some action before water pressure is cut off.</u>

#### **Best**

- Private well
- River or stream on your property

# **News and Communication**

#### Good

• World Band Receiver – pick up stations outside of your region.

#### **Better**

- Handheld UHF/VHF band transceivers Baofeng makes an excellent and affordable model
- 2 meter antenna
- Backup Batteries for handhelds

#### **Best**

- Ham Radio capable of HF, UHF and VHF bands. HF will allow you to communicate with other countries
- Quad Band antenna
- Backup power as listed above

# **Security**

# Good

Shotgun with 100 rounds of buckshot ammo

# **Better**

- Handgun for each adult member of the family 9mm, .40 or .45
- 500 rounds of HP ammo for each pistol
- 2 magazines for each

#### **Best**

- Battle Rifle for each adult member of the family (AK or AR platform)
- 1000 rounds of ammunition for each rifle
- 20 magazines for each rifle

# **Sanitation**

# Good

• Bathtub full of water stored in container for hygiene or drinking - Water Bob This requires some action before water pressure is cut off.

## **Better**

- Spare 5 gallon bucket
- 5 gallon bucket toilet lid Converts any 5 gallon bucket into a porta-potty.
- trash bags small for toilet/large for trash
- Cat Liter

#### **Best**

Outhouse already built - again not practical in all situations.